



ELEVIVE

Top 10 things Adolescents Wish Parents Knew

- 1) I want my Independence
- 2) See positives in us
- 3) Treat us with respect
- 4) We are overwhelmed! (And please don't make it worse)
- 5) Don't invalidate my feelings
- 6) Don't compare or judge
- 7) My friends are important to me
- 8) Not everything needs to be a lesson
- 9) My phone is not always a bad thing
- 10) Trust and Privacy are important